

Discover your True Career Calling

The below is an extract from an article written by Jeff Bullas (jeffbullas.com)

The reality is that a lot of people struggle their entire lives in discovering what they should be doing for a career, in fact some people never discover the secret of making life a joyous journey and in a lot of cases life is full of tedium doing things they hate.

It is a sad truth but many people go to their grave with their song unsung and their talents and passions undiscovered.

Find Work That is Play

I came across a quote by the famous economist Dr. Paul Samuelson that encapsulates one of the secrets to success in life.

“Never underestimate the vital importance of finding early in life the work that for you is play. This turns possible underachievers into happy warriors.”

Most of us do not have the privilege of discovering this early on in life but stumble upon it in later years. There is no rhyme or reason as to when or how it occurs, it could be an epiphany or it maybe a slow awakening but if you discover it grab it with both hands, do not ignore it but embrace it with all the energy and optimistic obsession you can muster.

Work that is play is the combination of innate ability and aptitude that combines with passion to create a synergy that lubricates life’s journey.

Sir Ken Robinson in his book “The Element” says this about discovering being in your element, *“it is the place where the things we love and the things we’re good at come together”*

Questions You Should Ask Yourself

So how do you find this element? What questions should I be asking to discover work that is play?

Here are some questions you should be starting to ask yourself.

- What comes easily to you?
- What do you read about till 2.30 in the morning
- What gets you up at 4.30am?
- What do you enjoy doing?
- What kind of things do people compliment you on?
- What activities give your spirit energy?

- Jeff Bullas